

## Outer Zone Overnight 06/08/2013

Paracord : Cobra stitch

How to make a Survival Bracelet



**Step 1: Measure wrist** 

Snug, but not too snug...For every inch of measurement, use one foot of paracord. Hint: Round up.



**Step 2: Feed paracord loop through buckle** 

Find the center of the paracord length, and feed a loop through the buckle.



Step 3 : Pull tails through loop



Step 4: Pull taught

Secures buckle to cord



Step 5: Pull tails through 2<sup>nd</sup> buckle

Don't pull taught – Once tails fed through 2<sup>nd</sup> buckle, unclasp.

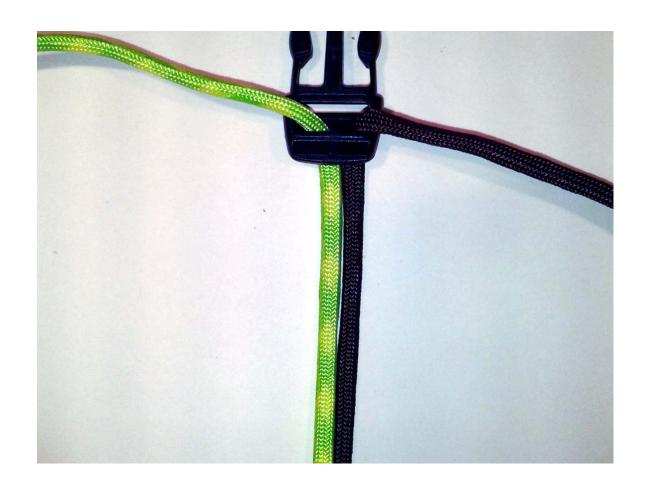


Step 6: Measure end to end

Lay out the unbuckled piece. Measure from flat end to flat end of buckle (do NOT measure prongs). Add 0.5" - 1.0" more than your wrist length.

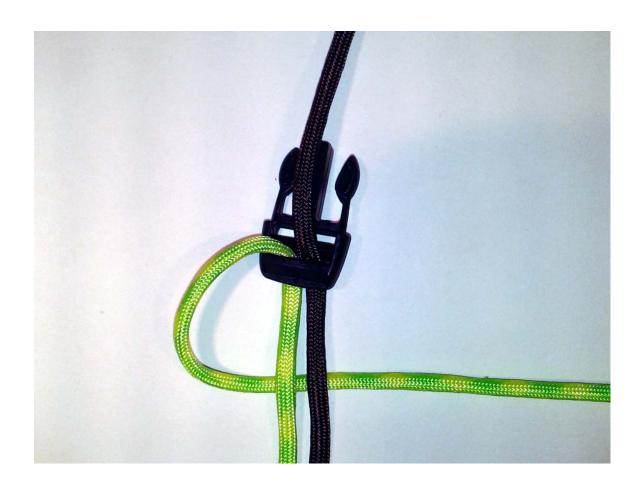


Step 6(a): Confirm measurement



**Step 7: Lay flat and begin** 

Make sure there are no twists along the cord.



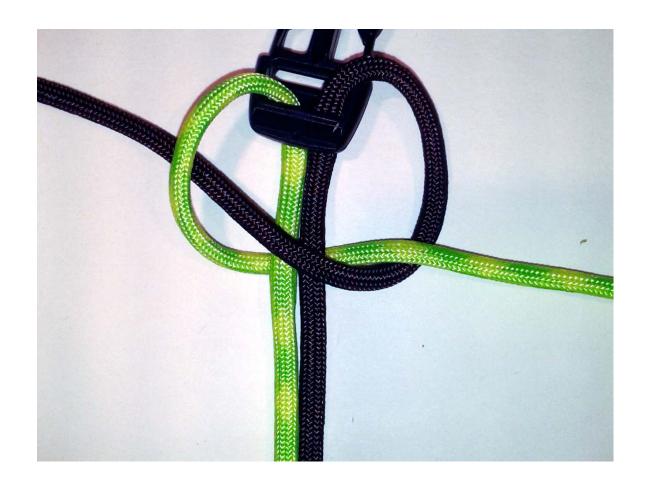
**Step 8: Tie a simple knot** 

Pull one cord over the buckle edge and loop under both paracord strands



**Step 8(a): Continue simple knot** 

Pull second strand over buckle edge and under first paracord strand



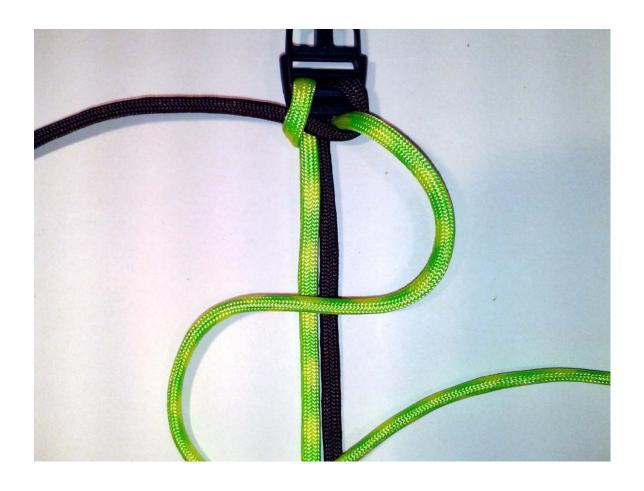
**Step 8(b): Continue the knot** 

Feed second cord through over both cord strands and feed through loop created by first cord



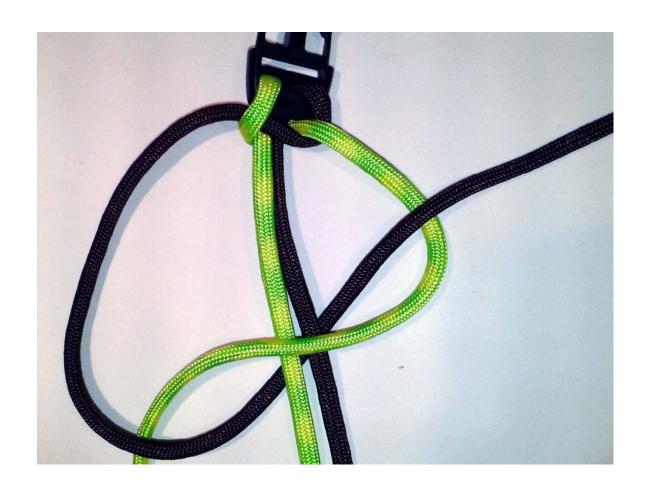
Step 8(c): Finish knot

Pull both cords taught



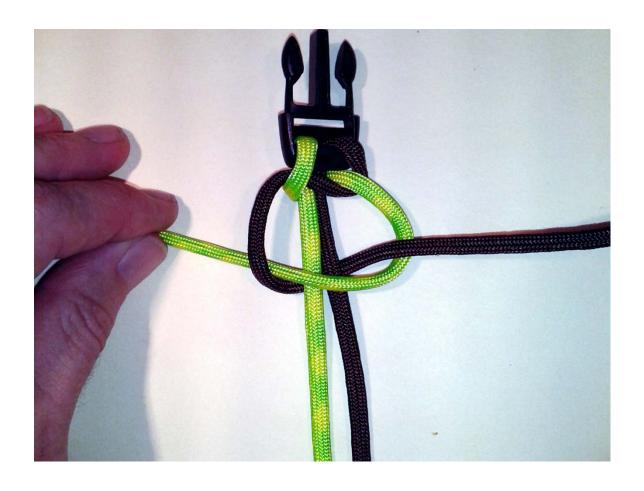
**Step 9: Beginning cobra stitch (Right)** 

Take the right side cord and create a backwards "S" over both paracord strands



**Step 9(a): Continuing first Cobra stitch** 

Pull the 2<sup>nd</sup> strand over and through the "lower S", completely under both paracord strands, and through and over the "upper S"



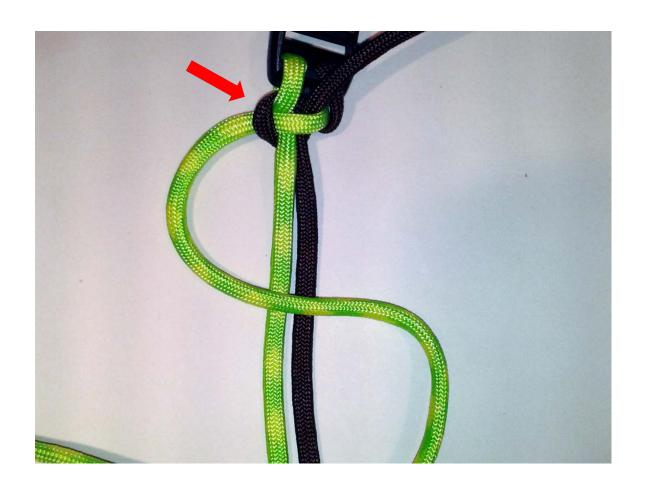
**Step 9(b): Continuing first Cobra stitch** 

Pull each strand taught, together and equally



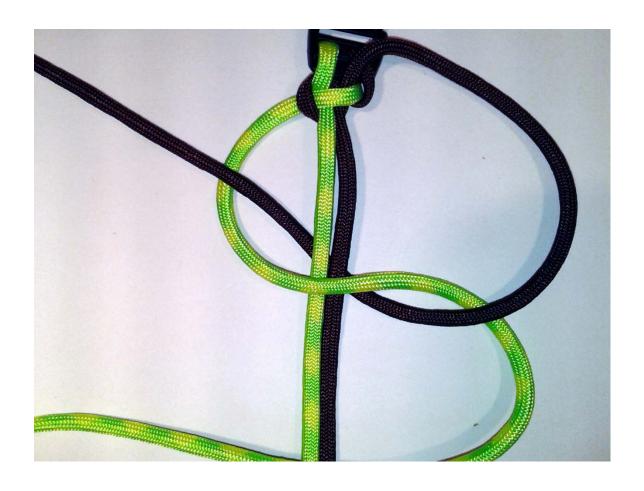
**Step 9(c): Finished first Cobra stitch** 

Looks a little messy at first...



**Step 10: Beginning second Cobra stitch (Left)** 

Repeat Step 9-9(c), but now going the other direction. Create an "S" using the same beginning strand. Notice the "bump" on the left? You'll always lead with the strand coming out from that bump...



**Step 10(a): Continuing second Cobra stitch** 

Pull the 2<sup>nd</sup> strand over and through the "lower S", completely under both paracord strands, and through and over the "upper S"



**Step 10(b): Continuing second Cobra stitch** 

Pull each strand taught, together and equally



Step 10(c): Finished second Cobra stitch

Still lookin' a bit messy...



Step 11: Repeat steps 9-10(c)

Pull each weave tight, pay attention to your pattern, look for any mistakes...



**Step 12: End of the line** 

I've run out of cord...Measure the bracelet again – you may even want to try it on. If it doesn't fit correctly, unweave the bracelet, adjust the distance of the strands, and weave again. Practice makes perfect...do NOT progress to Step 13 until you've got a comfortable fit.



**Step 13: Cut one cord at a time** 

Cut one strand close to the body of the bracelet. Grab a lighter & scissors. Burn the tip of the exposed cord until it bubbles a bit...then push the scissors flat against the melting cord; remove scissors...



Step 13(a): Sealed cord

If done correctly, your newly melted & flattened cord end should look similar.



Step 13(b): Cut 2<sup>nd</sup> cord

Repeat Step 13 for 2<sup>nd</sup> strand of paracord. Cut it close to the body of the bracelet, burn it until it melts, press firmly flat with edge of scissors



Step 13(c): Sealed 2<sup>nd</sup> cord

If done correctly, your cord should look similar

## Other uses of Paracord

- Snares
- Rifle slings
- Emergency rescue rope
- Tent and/or hammock tie lines
- Dental floss
- Bridle
- Water bottle holsters
- Leashes and belts
- Guide lines
- Sealant



## Other weaves/projects

- Cobra stitch
- King Cobra stitch
- Crown Sinnet stitch
- Caterpillar Sinnet stitch
- Wide Solomon Bar stitch
- Saw Tooth stitch
- Snake Knott stitch
- Fishtail stitch
- Gear wraps
- Monkey fists